



## GUNN'S WEEKLY NEWS UPDATE

October 29, 2017

[Edición española](#)

[Mandarin Edition](#)

Dear Titan Community,

First quarter grades are in the process to be mailed home, and are available in Infinite Campus (IC). If you have questions regarding your student's academic progress, please email the teacher directly; the teachers will be able to offer the most specific information to support your student's progress.

On Halloween, the counselors encourage students to drop by the Counselling Office, say hello, and grab a small treat.

### **Wellness Center Updates** (All Grades)

One of the greatest challenges our teens face relates to creating healthy boundaries. The Teen Therapy Center of Silicon Valley recently published a blog that provides some insights and strategies worth consideration. To read the blog post, please follow the link: [Tips on Teaching Healthy Boundaries and Staying Out of Drama](#).

### **SELF** (9th Grade)

In the upcoming session, six SELF cohorts will meet with their counselors, spending time getting to know each other and talking about four-year plans. The remaining cohorts will work through a School Connect lesson called "Tuning Into Others," which helps students to read both visual and aural cues in order to better understand what others are feeling and thinking. This lesson is the first of many SELF lessons which will explore the idea of empathy, and why it's such a critically important skill.

### **Sources Of Strength** (All Grades)

Students held a Buddy Class Challenge during Homecoming, and it was a success. Five winners received gift cards to Starbucks. Check out all the pictures on their Instagram: [#gunnsourcesofstrength](#). Student-led projects are underway. Upcoming projects include "A Titan Is" photo series, "I am Stronger" posters and testimonials, and an advice column for a future issue of *Oracle*. All student leaders met again on Thursday, October 26 at lunch. We will host a joint Gunn/Paly Parent Information Night in the Paly MAC on November 28 at 6:30 pm. Come hear students talk about the program and the ways it affects the school communities.

### **Final Day to Drop a Class-November 14** (All Grades)

The final day to drop a class and not have it appear on the transcript is November 14. If a student is going to drop a class, the student must consult with the counselor, teacher and the

instructional supervisor of that department. Course drop forms can be picked up in the Counseling Office.

### **Second Progress Reporting (All Grades)**

The second progress reporting period ends on November 9th.

### **Transcript Ordering (12th Grade)**

For students applying through the Common App, transcripts do not need to be ordered through Parchment. If you have questions about ordering transcripts for schools *not* on the Common App, please see Ms. Douglas, our registrar.

### **College and Career Corner (11th and 12th Grade)**

For those that might be considering one of our local community colleges for next Fall, we're excited to tell you about a new program, the **De Anza College Promise**. This program is designed to benefit students **who need it the most: the lowest income students**, including many who are undocumented and those who are aging out of the foster youth system. The promise is simple: **Your first year of college is free if you qualify.**

You can find more information at [www.deanza.edu/outreach/de-anza-college-promise](http://www.deanza.edu/outreach/de-anza-college-promise).

We have received word that Foothill will also offer a similar program.

Common App: Nov. 14th (during Flex)

UC/CSU App:, Nov. 2nd (canceled), Nov. 14th, Nov. 28th (all during Flex)

SAVE the DATE: November the 7th 6-8 pm the AVATAR HOTEL will host a \$\$\$ for New England colleges.

Mrs. Kirsch is now seeing juniors (all appointments in October are now full--book early for Nov/Dec) If you want your student to conduct the junior meeting without you, please let Mrs. Kirsch know. All scheduling of the junior appointments is through Mala.

[ghscollegeandcareercenter@gmail.com](mailto:ghscollegeandcareercenter@gmail.com): leave your name, your student name and the best period for your student to miss a class. You will be contacted to confirm a date and time. On your scheduled date and time, please show up at the College and Career Center, no call slip goes out.

If you are a senior and still need assistance, send an e-mail to Mrs Kirsch to see what is possible. Oral interviewers are available now.

### ***Save the date!***

**Nov 1** Performing and Visual Arts Fair from 7-9 PM in So San Francisco Conf Center 255 S. Airport Blvd, South San Francisco 94080.

**Nov. 15** Financial Aid Presentation by Stanford University Carl Gottbrecht Assistant Director of Student Awards at 7:00 PM in the Gunn HS Library. Translation in Spanish and Mandarin will be available.

**Jan 14** National Portfolio Review day in SF at Calif College of the Arts. See: [portfolioday.net](http://portfolioday.net) to get specific details. This should be done starting in sophomore year to be sure you understand what needs to be in the portfolio and to gain more info on the impact of this event in art school selection.

### **College Visits** (11th and 12th Grades)

Students interested in attending the college visits to Gunn, please plan accordingly as it will take at least 2 days of advanced planning by students. Please start with gaining permission from your teacher to attend a college rep visit, during their class. If your teacher indicates you have been granted the permission to attend the college rep visit, then sign-up for it in Family Connection. College Rep Visits can be found under the "college" tab, then click on "view all upcoming visits" to view the list and sign-up. We have adopted a new block schedule for college rep visits. The college rep visit will be 30 minutes long at the beginning of each class period; this means students return to class after the college rep visit. Mr. Lang in the College and Career Center will give every student a pass back to class after the college rep visits. If you need help with logging into your Family Connection account please send me, Mr. Lang, an email at [llang@pausd.org](mailto:llang@pausd.org).

If your plans include visiting college campuses, please take note of the [attendance procedures](#) should the visit require missing class time.

**Applying Early:** Remember to read the application rules carefully as some changes have happened. There are primary rules and *exceptions*. Always be sure to have more than one application fully done as if you do not catch that early as you hoped, you will have several other quality applications still in play.

### **Senior Conferences** (12th Grade)

The Gunn Counselors are continuing Senior conferences for the next few weeks. In the sessions, the counselors check in with the students, go over the college application process and also let them know about the services that are available in our College and Career Center.

### **Please Support PiE**

Thank you to all that have supported Partners in Education (PiE). The donations to PiE continue to support many programs at Gunn, including our guidance department. Your donations have made a difference for all students at Gunn.

Finally, my apologies for a typo that may have inconvenienced some of you regarding a Financial Aid presentation listed as Oct. 26. Hopefully we will see you on Nov. 15 for Gunn's hosted presentation (see above).

Thanks for your engagement and support,

Mike Heffner  
Assistant Principal, Student Services  
Gunn High School